

e-SRH Curriculum

1. Principles of Service Provision

SXH 01 01	Principles of Service Delivery
SXH 01 02	The Law Relating to Sexual Activity
SXH 01 03	Understanding the Client's Perspective
SXH 01 04	Confidentiality, Consent and Chaperones
SXH 01 05	Working with Young People

2. Basic Anatomy and Physiology

SXH 02 01	Anatomy and Physiology
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3. Risk Assessment and Sexual Behaviour

SXH 03 01	Sexual Behaviour
SXH 03 02	Risk Assessment

4. Pregnancy

SXH 04 01	Planning Pregnancy
SXH 04 02	Early Pregnancy Assessment and Referral

5. Psychosexual Medicine

SXH 05 01	Psychosexual Medicine
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6. Sexual Assault

SXH 06 01	Sexual Assault
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7. Screening and Vaccination Programmes in SRH

SXH 07 01	Cervical Screening
SXH 07 02	Chlamydia Screening

8. Contraceptive Choices

SXH 08 01	Mechanism of Action and Contraceptive Effectiveness
SXH 08 02	Assessment of Risk and Medical Eligibility
SXH 08 03	Fertility Awareness Methods
SXH 08 04	Starting and Using Estrogen Containing Hormonal Contraceptives 1
SXH 08 05	Starting and Using Estrogen containing hormonal contraceptives 2
SXH 08 06	Starting and Using Oral and Injectable Progestogen only Hormonal Contraceptives
SXH 08 07	Starting and Using Barrier Contraceptives
SXH 08 08	Assessment and Referral for IUD or IUS Fitting
SXH 08 09	Assessment and Referral for SDI Fitting
SXH 08 10	Assessment and Referral for Sterilisation
SXH 08 11	Choosing and Using a Method: Young People
SXH 08 12	Choosing and Using a Method: In the Perimenopause
SXH 08 13	Choosing and Using a Method: After Pregnancy

9. Contraception: Managing Side-effects and Complications of Use

SXH 09 01	Managing Bleeding Problems in Hormonal Contraceptive Users
SXH 09 02	Managing Hormonal Side-effects
SXH 09 03	Managing Side-effects Complications IUD IUS
SXH 09 04	Managing Impalpable Implants

10. Emergency Contraception

SXH 10 01	Emergency Contraception
SXH 10 01	Emergency Contraception: Cases

11. Testing for Sexually Transmitted and Genital Infections

SXH 11 01	Tests in Current Use: An Overview
SXH 11 02	Asymptomatic Screening

12. Problem-based Approach to STI Testing

SXH 12 01	Abnormal Vulvovaginal Symptoms
SXH 12 02	Pelvic Pain
SXH 12 03	Male Urethral Discharge: Dysuria Orchitis
SXH 12 04	Genital Lumps and Infestations
SXH 12 05	Genital Ulceration

13. Testing for HIV and Blood Borne Viruses

SXH 13 01	HIV Testing
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14. Partner Notification

SXH 14 01	Partner Notification
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15. Assessment

SXH 15 01	Assessment
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16. Additional Optional Sessions

SXH 16 01	Comparing Methods: Bleeding Patterns
SXH 16 02	Comparing Methods: Non-bleeding Side-effects

17. Additional Training in Sub-dermal Contraceptive Implants (SDI)

SXH 17 01	Local Anaesthesia for Sub-dermal Implant Insertion and Removal
SXH 17 02	SDI: Summary of Method
SXH 17 03	SDI: Insertion and Removal
SXH 17 04	Managing Impalpable Implants

18. Additional Training in Intrauterine Contraceptive Methods (IUT)

SXH 18 01	Local Anaesthesia and Analgesia for IUD/IUS Insertion
SXH 18 02	IUT: Summary of Method
SXH 18 03	IUT: Facilitating Choice
SXH 18 04	IUT: Insertion
SXH 18 05	IUT: Removal
SXH 18 06	IUT: Managing Unexpected Situations and Complications