

Audit C

HAVE A
WORD

Questions	Scoring System					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times per month	2-3 times per week	4+ times per week	
How many units do you drink on a typical day when you are drinking?	0-2	3-4	5-6	7-9	10+	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	

1 Unit =  1/2 glass of wine  1/2 pint of beer  25ml of a spirit

Scoring:

- 1-4 Lower risk drinking
- 5-7 Increasing risk drinking
- 8-10 Higher-risk drinking
- 11-12 Possible dependant drinking

Score
