

# 1 Step 1: Download the critical care skills matrix

### How can it help me?

- Understand the **key skills** for working in ITU for your professional role (mapped against national frameworks e.g. NMC, GMC)
- Identify any **skill gaps** or skills you would like to learn more about
- Find **educational resources** for these specific skills

### What should I do?

- Open the matrix:** Scroll to the “Step 1: Interprofessional skills matrix” section. Click on the link to open the excel
- Select the correct excel tab:**
  - “ICU Generic skills” and “COVID-19 Generic skills” tabs: Skills relevant for all professional groups
  - Remaining tabs: Skills relevant for specific professional groups (e.g. Registered support clinician, physiotherapist)
    - For detailed descriptions of each professional group, click on the first tab “Introduction to skills matrix”
- Identify skills of interest:** In each tab skills have been written at three levels of depth, to support you to identify your gaps or areas for improvement:
  - Category (e.g. “Safety”)
  - Sub-category (e.g. “Infection prevention & control”)
  - Learning objectives (e.g. “Infection control in ICU including ETT, disposing of fluids from filters / suction cannisters, sending investigations to lab”)

We recommend downloading the excel, and marking the skills of interest you have identified

- Identify relevant resources:** Once you have identified skills that you want to know more about you can find relevant educational resources in the “Learner resources” column

# 2 Step 2: Explore the multimedia resources

### How can it help me?

- You can **locate resources for self-directed learning**, mapped to skills in the Interprofessional skills matrix
- Track which resources you have completed, partially completed or are yet to complete

### What should I do?

- Open the educational resources:** Scroll to the “Step 2 (for Learners): Educational resources” section. You can see:
  - Learner resources split by professional grouping, by clicking on the boxes of your relevant professional group, and selecting the sub-category you are interested in
- Track your completion:** On e-LfH you can track which resources you have accessed / completed by clicking on “My Activity”

# 3 Step 3: Share any resources or feedback

### How can it help me?

We want the Interprofessional skills matrix and educational resources to be as useful for you as possible. They are still in development so we would appreciate any feedback and contribution you think can improve this resource.

### What should I do?

- Share your educational resources:** Email [LTLC@hee.nhs.uk](mailto:LTLC@hee.nhs.uk) with any educational resources you have developed, co-developed or are aware of
- Share your feedback:** Email [LTLC@hee.nhs.uk](mailto:LTLC@hee.nhs.uk) with any feedback on the Interprofessional skills matrix or educational resources, or complete the [brief survey](#) (for Interprofessional skills matrix feedback only)

Scroll to the “Step 3: Sharing your resources and feedback” section for more detail and link to the brief survey

## Learner – interested in resources to educate myself