## 1 Step 1: Download the critical care skills matrix

**How can it help me?**

- Find a summary of **key skills** for working in ITU and COVID-19 split by learners' professional roles (and mapped against national frameworks e.g. NMC, GMC)
- Identify any **skill gaps** in your current training programmes, and which **skills to prioritise** for training
- Find **trainer and self-directed learner resources** for these specific skills

**What should I do?**

a. **Open the matrix:** Scroll to the "Step 1: Interprofessional skills matrix" section. Click on the link to open the excel

b. **Select the correct excel tab:**
   - "ICU Generic skills" and "COVID-19 Generic skills" tabs: Skills relevant for all professional groups
   - Remaining tabs: Skills relevant for specific professional groups (e.g. Registered support clinician, physiotherapist)
      o For detailed descriptions of each professional group, click on the first tab "Introduction to skills matrix"

c. **Identify skills of interest:** In each tab skills have been written at three levels of depth, to support you to identify your skills of interest:
   - Category (e.g. "Safety")
   - Sub-category (e.g. "Infection prevention & control")
   - Learning objectives (e.g. "Infection control in ICU including ETT, disposing of fluids from filters …")

   We recommend downloading the excel, and marking the skills of interest you have identified

e. **Identify relevant resources**: Once you have identified skills you would like to provide education on, you can find relevant educational resources in the "Trainer resources" and "Learner resources" columns

## 2 Step 2: Explore the multimedia resources

**How can it help me?**

- You can **locate trainer and self-directed learner resources**, mapped to skills in the Interprofessional skills matrix
- Track which resources you have already downloaded / used

**What should I do?**

a. **Open the trainer resources:** Scroll to the "Step 2 (for Trainers): Educational resources" section. You can see:
   - Trainer resources split by skill category, by clicking on the boxes of your relevant category, and selecting the sub-category you are interested in

b. **Open the field hospital resources:** Scroll to the "Step 2: Field Hospital Resources" section. You can see:
   - NHS Nightingale London Education and Training curriculum

c. **Open the learner resources:** Scroll to the "Step 2 (for Learners): Educational resources" section. You can see:
   - Learner resources split by professional grouping, by clicking on the boxes of your relevant professional group, and selecting the sub-category you are interested in

d. **Track your usage:** On e-LfH you can track which resources you have accessed / completed by clicking on "My Activity"

## 3 Step 3: Share any resources or feedback

**How can it help me?**

We want the Interprofessional skills matrix and educational resources to be as useful for you and your learners' as possible.

They are still in development so we would appreciate any feedback and contribution you think can improve this resource.

**What should I do?**

a. **Share educational resources (trainer or learner):** Email LTLC@hee.nhs.uk with any educational resources you have developed, co-developed or are aware of

b. **Share your feedback:** Email LTLC@hee.nhs.uk with any feedback on the Interprofessional skills matrix or educational resources, or complete the brief survey (for Interprofessional skills matrix feedback only)

Scroll to the "Step 3: Sharing your resources and feedback" section for more detail and link to the brief survey

**Trainer** – interested in resources to support me to educate others