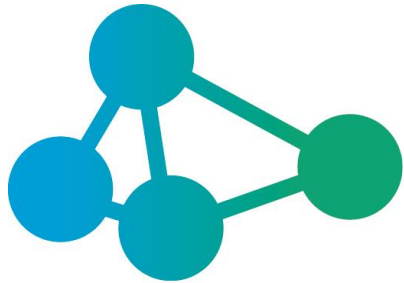


# North Thames Paediatric Network



## North Thames Paediatric Network

Connecting paediatric services

**COVID -19;**

**Support, Education, Information and Useful Resources Pack  
for Paediatric Staff**

Version 1.0	1 <sup>st</sup> April 2020
All information is relevant as of the date shown above	

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### **Stay up to up to date with the latest National Guidance:**

<b>Organisation</b>	<b>Direct Web Link</b>
Public Health England	<a href="https://www.gov.uk/government/organisations/public-health-england">https://www.gov.uk/government/organisations/public-health-england</a>
Paediatric Intensive Care Society (PICS)	<a href="https://picsociety.uk/covid19/">https://picsociety.uk/covid19/</a>
Royal College of Paediatrics and Child Health (RCPCH)	<a href="https://www.rcpch.ac.uk/key-topics/covid-19">https://www.rcpch.ac.uk/key-topics/covid-19</a>
Intensive care society	<a href="https://www.ics.ac.uk/ICS/ICS/GuidelinesAndStandards/COVID19_Guidance.aspx">https://www.ics.ac.uk/ICS/ICS/GuidelinesAndStandards/COVID19_Guidance.aspx</a>

## **Introduction & Document purpose**

Never before has the NHS been faced with such a challenge, with this in mind, we as Health Care Professionals are likely to experience our most testing time to date. This may require us all to work out of our normal scope of practice, but most certainly will require us to pull together in a way not experienced by many before now and support one another and our patients through the difficult time ahead.

The purpose of this document is to compile and share relevant information, documents, support materials and signposting to useful resources with NTPN colleagues. With special thanks to those Professionals/ Trusts who have kindly shared their work to improve the experience of their colleagues. (Please see the acknowledgements throughout document)

## **About COVID - 19**

According to WHO (2020) Coronaviruses are a large family of viruses that cause illness ranging from the common cold to more severe diseases. A novel coronavirus is a new strain that has not been previously identified in humans. Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people and those with comorbidity like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness and mortality. The best way to prevent and slow down the transmission of the COVID -19 virus is to be well informed on details of the disease it causes and how it spreads.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it is vital that staffs are protecting themselves and their patients by following the guidance on PPE and by washing your hands or using an alcohol based rub frequently and not touching your face.

At this time, there are no specific vaccines or treatments for COVID-19. However, there are many on-going clinical trials evaluating potential treatments.

([https://www.who.int/health-topics/coronavirus#tab=tab\\_1](https://www.who.int/health-topics/coronavirus#tab=tab_1) as cited on 25<sup>th</sup> March 2020)

## Core Resource Links

These are the recommended links to be used by Health care professionals to maintain knowledge on the most up to date national guidance on the management of COVID - 19

Professional Organisations / Bodies	Link to guidance
Public Health England	<a href="https://www.gov.uk/government/collections/wuhan-novel-coronavirus">https://www.gov.uk/government/collections/wuhan-novel-coronavirus</a> <a href="https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance">https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance</a>
Royal Collage of Paediatrics & Child Health (RCPCH)	<a href="https://www.rcpch.ac.uk/resources/covid-19-guidance-paediatric-services">https://www.rcpch.ac.uk/resources/covid-19-guidance-paediatric-services</a>
Paediatric Intensive Care Society	<a href="https://picsociety.uk/covid19/">https://picsociety.uk/covid19/</a>
World Health Organisation (WHO)	<a href="https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/health-workers">https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/health-workers</a>
Resuscitation Council UK	<a href="https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-resources-paediatrics/?utm_source=tw_date=010420">https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-resources-paediatrics/?utm_source=tw_date=010420</a>
NHS England speciality guidelines: - Including the Management of paediatric patients	<a href="https://www.england.nhs.uk/coronavirus/publication/specialty-guides/">https://www.england.nhs.uk/coronavirus/publication/specialty-guides/</a>  Paeds Specific: <a href="https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/Specialty-guide_paediatrics-and-coronavirus_V1_17-March.pdf">https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/Specialty-guide_paediatrics-and-coronavirus_V1_17-March.pdf</a>
Royal College of Surgeons	<a href="https://www.rcseng.ac.uk/coronavirus/joint-guidance-for-surgeons-v2/?utm_campaign=1358042_Coronavirus%20comms%2026%2F03%20to%20members&amp;utm_medium=dotmailer&amp;utm_source=emailmarketing&amp;dm_i=4D4N,T3VE,11856D,319U4,1">https://www.rcseng.ac.uk/coronavirus/joint-guidance-for-surgeons-v2/?utm_campaign=1358042_Coronavirus%20comms%2026%2F03%20to%20members&amp;utm_medium=dotmailer&amp;utm_source=emailmarketing&amp;dm_i=4D4N,T3VE,11856D,319U4,1</a>
Health Education England Free eLearning COVID -19 for all health care professionals	<a href="https://www.e-lfh.org.uk/programmes/coronavirus/">https://www.e-lfh.org.uk/programmes/coronavirus/</a>
Nursing & Midwifery Council (NMC)	<a href="https://www.nmc.org.uk/news/coronavirus/">https://www.nmc.org.uk/news/coronavirus/</a>
HEE: Coronavirus (Covid-19) Information for trainees	<a href="https://www.hee.nhs.uk/coronavirus-information-trainees">https://www.hee.nhs.uk/coronavirus-information-trainees</a>

## Other Useful Resoucre Links



COVID related  
professional advice F1



**Acknowledgements:** UCLH Medical Information services; Emily Green & Shehzana Maqsood- Last Updated: 23/03/2020 – Emily Green & Simon O’Callaghan

## Useful Links and information for Surgeons

Organisation/ Trust Details	Focus of Resource/ Link	Useful resource / Link	Acknowledgement / Source Reference
Royal College of Surgeons ENG	Where to find the most recent updates	<a href="https://www.rcseng.ac.uk/?status=Success">https://www.rcseng.ac.uk/?status=Success</a>	
Royal College of Surgeons ENG	Guidance on COVID – 19 for general surgeons	<a href="https://www.rcseng.ac.uk/coronavirus/joint-guidance-for-surgeons-v2/?utm_campaign=1358042_Coronavirus%20comms%2026%2F03%20to%20members&amp;utm_medium=dotmailer&amp;utm_source=emailmarketing&amp;dm_i=4D4N,T3VE,11856D,3I9U4,1">https://www.rcseng.ac.uk/coronavirus/joint-guidance-for-surgeons-v2/?utm_campaign=1358042_Coronavirus%20comms%2026%2F03%20to%20members&amp;utm_medium=dotmailer&amp;utm_source=emailmarketing&amp;dm_i=4D4N,T3VE,11856D,3I9U4,1</a>	
Ped Surgery Library	COVID -19 for Pediatric Surgeons	<a href="https://www.pedsurglibrary.com/apsa/view/PedSurg%20Resource/1884034/all/COVID_19_for_Pediatric_Surgeons#2">https://www.pedsurglibrary.com/apsa/view/PedSurg%20Resource/1884034/all/COVID_19_for_Pediatric_Surgeons#2</a>	
ENT UK	Guideline on Trache	<a href="https://www.entuk.org/tracheostomy-guidance-during-covid-19-pandemic">https://www.entuk.org/tracheostomy-guidance-during-covid-19-pandemic</a>	





## Infection Prevention and Control; COVID -19

During this COVID – 19 outbreak, it is more important than ever we as health care professionals are aware of and adhere to the national guidance for IPC to prevent the spread of the virus, but more significantly to protect the health and wellbeing of yourselves, your colleagues and other patients/ public.







Organisation/ Trust Details	Focus of Resource/ Link	Useful resource / Link	Acknowledgement / Source Reference
Public Health England	Most Up to date National guidance on IPC	<a href="https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control">https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control</a>	
Department of Health and Social Care (DHSC), Public Health Wales (PHW), Public Health Agency (PHA) Northern Ireland, Health Protection Scotland (HPS) and Public Health England	Guidance for infection prevention and control in healthcare settings; <i>Adapted from Pandemic Influenza: Guidance for Infection prevention and control in healthcare settings 2020</i>	 Infection_prevention_and_control_guidan	Issued jointly by the Department of Health and Social Care (DHSC), Public Health Wales (PHW), Public Health Agency (PHA) Northern Ireland, Health Protection Scotland (HPS) and Public Health England as official guidance.
Public Health England	Donning of PPE for Non - AGP	<a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/875211/Putting_on_PPE_for_non-aerosol_generating_procedures_quick_guide.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/875211/Putting_on_PPE_for_non-aerosol_generating_procedures_quick_guide.pdf</a>   Putting_on_PPE_for_non-aerosol_genera  <b>Video:</b> <a href="https://www.youtube.com/watch?v=eANIs-Jdi2s&amp;feature=youtu.be">https://www.youtube.com/watch?v=eANIs-Jdi2s&amp;feature=youtu.be</a>	



Public Health England	Doffing of PPE for Non- AGP	<a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/875212/Taking_off_PPE_for_non-aerosol_generating_procedures_quick_guide.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/875212/Taking_off_PPE_for_non-aerosol_generating_procedures_quick_guide.pdf</a>  Taking_off_PPE_for_non-aerosol_generati	
Public Health England	Donning of PPE for AGP	<a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874327/PHE_COVID-19_Donning.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874327/PHE_COVID-19_Donning.pdf</a>  PHE_COVID-19_Donning for AGP.pdf	
Public Health England	Doffing of PPE for AGP	<a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874326/PHE_COVID-19_Doffing_quick_guide.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874326/PHE_COVID-19_Doffing_quick_guide.pdf</a>  PHE_COVID-19_Doffing_quick_guide for /	
Public Health England	What Mask to use when?	 When_to_use_face_mask_or_FFP3.pdf <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874411/When_to_use_face_mask_or_FFP3.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874411/When_to_use_face_mask_or_FFP3.pdf</a>	

**Stabilisation of the Acutely Ill Child, Resuscitation Guidance and Ethics (COVID – 19 and Non – COVID - 19 Patients)**

Organisation/ Trust Details	Focus of Resource/ Link	Useful resource / Link	Acknowledgement / Source Reference
Barts Health NHS Trust	Education slide pack covering: - Rapid Sequence Induction (RSI) - Emergency Medications (inc Resus drugs) -ETCO2 Monitoring	 Educational slide pack on RSI, Emerge <i>If you have any questions or would like to contact the author of these slides, please email <a href="mailto:breda.oneill2@nhs.net">breda.oneill2@nhs.net</a> . Please bear in mind that due to the nature of the current situation, a reply may take longer than usual.</i>	Breda O'Neill Consultant Anaesthetist for Paediatrics and Trauma Royal London Hospital Barts Health NHS Trust
European Society of Paediatric and Neonatal Intensive Care (ESPNIC)	Nursing Guidance for the care of the Child with suspected or proven COVID -19 Infection	 Final ESPNIC Guidance - Nursing M	Published: 29/03/2020
Children's Acute Transport Service (CATS)	This is where you can locate CATS support tools and clinical guidelines	<a href="http://site.cats.nhs.uk/">http://site.cats.nhs.uk/</a> Go to 'In a Hurry' section for rapid access to guidelines, intubation checklist, STOPP tool, Electronic drug calculator.  cats_intubation guideline_2020-.pdf <b>To make a referral, or seek advice call: 0800 085 0003</b>	
NTPN / CATS	Paediatric Patient transfer risk assessment tool; STOPP Tool	 STOPP Tool V10 June 2019.pdf	North Thames Paediatric Network



Resuscitation Council UK	Resuscitation Council UK COVID-19 CPR and resuscitation in Paediatrics guidance and flow chart	<a href="https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-resources-paediatrics/?utm_source=tw_date=010420">https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-resources-paediatrics/?utm_source=tw_date=010420</a>   Paediatric ALS-COVID-19_FINAL_1.4.20 Guidance and Flowchart	
PICS	UPDATED PICS guidance on management of critically ill children with Covid-19 infection	 PICS-Covid-19-guidance-v4.0-14Mar2020- <b>Includes:</b> FLOW DIAGRAM FOR MANAGEMENT OF CRITICALLY ILL CHILDREN WITH CONFIRMED AND SUSPECTED COVID-19 INFECTION	Last updated: 14 Mar 2020
East and North Hertfordshire NHS Trust  <b>COVID -19 resus guideline</b>	Clinical Guidelines – managing the response to deterioration and cardiac arrest in adults and children in isolation with suspected or confirmed Covid-19.	 Clinical Guidelines managing the response	East and North Hertfordshire NHS Trust- <i>Permission to share Doc from Trust on 25.03.2020</i>
London and South East COVID -19 Paediatric Bioethics Support Group	Advice and Guidance	 London and South East Paediatric Bioethics	Joe Brierley & the London and South East COVID-19 Paediatric Bioethics team
Document produced by the GOSH Paediatric Bioethics Service – March 2020	Ethically Acceptable Practice in a Pandemic	 Ethically Acceptable Practice in a Pandemic	GOSH Paediatric Bioethics Service – March 2020
Intensive Care Online Network (ICON)	Tutorial Videos and Online educational materials for a variety	<a href="https://www.intensivecareonline.com/ClinicalResources/DeviceTutorials?FolderID=44">https://www.intensivecareonline.com/ClinicalResources/DeviceTutorials?FolderID=44</a>	You will need to register for an account to access the material via the ICON

	of different ventilators Inc the Draeger Oxylog 3000 and 3000 PLus		website – very easy to do and is a free resource
YouTube:	Video guide for the Pneupac® babyPAC™ Ventilator	VIDEO: <a href="https://youtu.be/Wmc6rjN-oyQ">https://youtu.be/Wmc6rjN-oyQ</a>	
Draeger & EDprocedures.com	Video Draeger Oxylog 3000 set up	 AV Training Tools.pdf VIDEO: <a href="https://youtu.be/7kRf2VGG3Fo">https://youtu.be/7kRf2VGG3Fo</a>	
Newham University Hospital Barts Health Trust	Trilogy Ventilator set up guide	 Trilogy 202 - CPAP set-up.pdf	ED Department NUHT
YouTube: paraPAC plus - Patient Ventilation: Quick set- up part 1	paraPAC Ventilator Set up guide	VIDEO: <a href="https://www.youtube.com/watch?v=fXUVdZLoq-c">https://www.youtube.com/watch?v=fXUVdZLoq-c</a>	
YouTube: Pneupac® ventiPAC™ Ventilator	ventiPAC Ventilator Set up guide	VIDEO: <a href="https://www.youtube.com/watch?v=ebqKP3X8ymg">https://www.youtube.com/watch?v=ebqKP3X8ymg</a>	
PICS	Paediatric Intensive Care Acute Transport Group (PICS-ATG): Transportation of children with suspected and confirmed COVID19	<a href="https://picsociety.uk/wp-content/uploads/2020/03/PICS-ATG-COVID19-Statement-v1.0-17Mar2020.pdf">https://picsociety.uk/wp-content/uploads/2020/03/PICS-ATG-COVID19-Statement-v1.0-17Mar2020.pdf</a>	

## **Draeger Virtual Tutorials for Medical and Nursing staff:**

For departments/ Teams that use any **Draeger produced Ventilators or Equipment** and would like some live virtual training tutorial support (via web cam link), please contact via email below:

[David.symonds@draeger.com](mailto:David.symonds@draeger.com)

## **E-Learning Link: Basics of Respiration and Ventilation**

[https://static.draeger.com/trainer/draeger\\_academy\\_2013/index.html?cid=lt-uk-2020-03-17-training](https://static.draeger.com/trainer/draeger_academy_2013/index.html?cid=lt-uk-2020-03-17-training)

## **Draeger quick links to Video's and recorded tutorials for ventilators and equipment**












Educational links to  
Draeger Ventilators at

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## Paediatric Staff Caring for Level 1 and 2 Paediatric Critical care in the DGH Setting


Please find below some useful resources and links that staff may find helpful when caring for critically ill patients in the children in the DGH.

Organisation/ Trust Details	Focus of Resource/ Link	Useful resource / Link	Acknowledgement / Source Reference
Healthy London Partnerships	Register for free eLearning modules for Paediatric critical care (L1 & 2) subjects	<a href="https://www.healthylondon.org/paediatric-critical-care-in-practice-pccp/">https://www.healthylondon.org/paediatric-critical-care-in-practice-pccp/</a>  Please note; this eLearning portal is currently open to London based Hospitals ONLY	Andy Martin
Pan London and South East England LTV Collaborative  <b>Guide for DGH's</b>	Quick reference guide for children on long term ventilation (LTV) admitted to a <b>DGH</b> during covid-19 emergency period	 Guidance for DGHs - Long Term Ventilated	STPN, NTPN, Brompton Children's Long- Term Ventilation Service, WellChild, NHSE.
The Royal Brompton's Children's Long-Term Ventilation Service	Long Term Ventilation support, advice and resources for Professionals and families. Web site includes: information as well as <b>Ventilator guides and set up videos &amp; Competency frameworks</b> and <b>Clinical support</b>	<a href="http://www.ltv.services">www.ltv.services</a>  If you require any support with the care of a child on NIV/ LTV – please contact the team on the below details. They do provide outreach education also for staff and families and support with discharge processes.  <b>Phone:</b> 020 7352 8121 ext 84411 <b>Email:</b> hospitaltohomesupport@rbht.nhs.uk  Please note that our phone service is available Monday to Friday 08:30 to 17:00.	Leila Holden -  Clinical Team Lead & Specialist Physiotherapist -  Children's Long- Term Ventilation Service

Great Ormond Street Children's Hospital	Tracheostomy	<a href="https://www.gosh.nhs.uk/wards-and-departments/departments/clinical-specialties/tracheostomy-information-children-parents-and-healthcare-professionals">https://www.gosh.nhs.uk/wards-and-departments/departments/clinical-specialties/tracheostomy-information-children-parents-and-healthcare-professionals</a>	
Great Ormond Street Children's Hospital	LTV/ NIV	 Non invasive ventilation clinical  Managing LT NIV patients a basic guide	PLEASE NOTE: Guidelines are in the process of being updated. Attached still relevant in the meantime.
WellChild	Information and support services for families of Children with LTV/ NIV	<a href="https://www.wellchild.org.uk/">https://www.wellchild.org.uk/</a>	
British Society for Paediatric Endocrinology and Diabetes BSPED	DKA management Guidelines & Flow Chart	<a href="https://www.bsped.org.uk/media/1722/new-dka-guideline-v7-final-no-calculator.pdf">https://www.bsped.org.uk/media/1722/new-dka-guideline-v7-final-no-calculator.pdf</a> <a href="https://www.bsped.org.uk/media/1726/dka-flow-chart-v1.pdf">https://www.bsped.org.uk/media/1726/dka-flow-chart-v1.pdf</a>	
Children's Acute Transport Service (CATS)	Acute Severe Asthma management guidelines	 cats_asthma_2020.pdf	
Children's Acute Transport Service (CATS)	Septic Shock Management Guidelines	 cats_sepsis_2020-.pdf	
Pan London HHHFT Working group (NTPN)	HHHFT Guidelines/ Bundle	 HHHFT Combined documents.pdf	Pan London HHHFT Working group
NTPN	PCC L1/ 2 Competency Framework Documents for Paediatric Nurses	 Pack 1 - blue NEL  Pack 2 - green NEL  Pack 3 - orange NEL PCC v.7 FINAL NT.pcPCC v.7 FINAL NT.pcPCC v.7 FINAL NT.pc	NTPN – (NEL PCC Nurse competency working group – 2018)

**Paediatric Critical Care staff Caring for Adult Critical Care Patients**

Organisation/ Trust Details	Focus of Resource/ Link	Useful resource / Link	Acknowledgement / Source Reference
UK Critical Care Nurse Alliance	AITU: Emergency Induction for non-critical care staff working in Critical Care to support the escalation process in times of surge.	 covid-19_non-critical_care_staff_in_critical	Published March 2020
Royal London Hospital Barts Health NHS Trust	This is a quick reference guide for Paediatric staff/ Non AITU staff caring for adult ITU patients	 Crib Sheets for staff in PCC caring for ACC	Susana LUCENA-AMARO & Olwen Cowen AITU/ PCCU Royal London Hospital - BH
St Mary's Hospital Imperial Hospitals NHS Trust	Education Teaching slide packs covering: <ul style="list-style-type: none"> <li>- General care in AITU</li> <li>- Cardiovascular support &amp; Shock</li> <li>- Cardiovascular monitoring</li> <li>- Mechanical Ventilation</li> </ul>	 General care in AITU Education Slide Pack  Cardiovascular support & Shock  Cardiovascular Monitoring  Mechanical ventilation AITU - St	DR Richard Leonard Adult Intensive Care Imperial NHS Trust
St Mary's Hospital Imperial Hospitals NHS Trust	AITU Sedation Guideline	 Sedation Guideline for Adult Critical Care	Adult Intensive Care Imperial Hospitals NHS Trust
NHS England and Improvement Coronavirus	Clinical guide for the use of acute non-invasive ventilation in adult patients hospitalised with suspected or confirmed coronavirus during the coronavirus pandemic	 clincial-guide-acute-niv-ventilation- COVID	
St Mary's Hospital Imperial Hospitals NHS Trust	Cheat Sheet of Common Adult Medications and dosages used in AITU	 Cheat sheet Common Adult ICU I	Dr Theresa Lee Imperial Hospitals NHS Trust

Critical Care Networks- National Nurse Leads	Step 1; National Competency Framework for Registered Nurses in Adult Critical Care	 CC3N - 01_new_step_1_final	
Critical Care Networks- National Nurse Leads	Link to CC3N website where you will find relevant documents and guidelines related to care of Adults with Covid -19  VERY USEFUL sections: <ul style="list-style-type: none"> <li>- Quick Look resources</li> <li>- National Guidance</li> </ul>	<a href="https://www.cc3n.org.uk/coronavirus-resources--guidance.html#">https://www.cc3n.org.uk/coronavirus-resources--guidance.html#</a>	



**Weekly Education webinars held by European Society of Intensive Care Medicine:**

[https://esicm-tv.org/covid19?utm\\_source=ESICM+Members&utm\\_campaign=7a18eacf0d-EMAIL\\_CAMPAIGN\\_2020\\_03\\_27\\_11\\_40\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_7e1776959d-7a18eacf0d-234298025](https://esicm-tv.org/covid19?utm_source=ESICM+Members&utm_campaign=7a18eacf0d-EMAIL_CAMPAIGN_2020_03_27_11_40_COPY_01&utm_medium=email&utm_term=0_7e1776959d-7a18eacf0d-234298025)

**Research**

[https://www.cochrane.org/coronavirus-covid-19-cochrane-resources-and-news?fbclid=IwAR23f\\_K2vitKTW876RckpTe79fFE\\_gM21cTW1Q752rh6JEs\\_9mntPGGNAE](https://www.cochrane.org/coronavirus-covid-19-cochrane-resources-and-news?fbclid=IwAR23f_K2vitKTW876RckpTe79fFE_gM21cTW1Q752rh6JEs_9mntPGGNAE)





## Paediatric staff caring for Adult Patients – General Care

Organisation/ Trust Details	Focus of Resource/ Link	Useful resource / Link	Acknowledgement / Source Reference
NTPN (Sophia Touzani – Nurse Lead)	Emergency Induction & Orientation Checklist  <i>NOTE: This can be adjusted to meet local need and also to frame a Local education programme</i>	 Emergency Induction for Paediatric Nurses	Sophia Touzani Nurse Lead – NTPN PCC & SiC Division
NHS England	General Practice Nursing Induction Framework	<a href="https://www.qni.org.uk/resources/gpn-induction-template/">https://www.qni.org.uk/resources/gpn-induction-template/</a>	
Clinical Skills.net ; best practice at your fingertips	This is a really great resource for practical clinical skills. It contains <ul style="list-style-type: none"> <li>- Practical guides, written by clinical experts</li> <li>- Step by step Pictures Illustrations</li> <li>- Information</li> <li>- CPD tests</li> <li>- Portfolio</li> </ul>	<a href="https://www.clinicalskills.net/">https://www.clinicalskills.net/</a>  You will need to register or you can access free with your open Athens account log in details.  It contains lots of skill crib sheets that can be downloaded and printed off.	This resource has sections for Nurses in both Adult and Paediatric care as well as for HCSW.
Elsevier Clinical Skills	Clinical Skills online resource  Subscription required	<a href="https://www.elsevierclinicalskills.co.uk/userlogin">https://www.elsevierclinicalskills.co.uk/userlogin</a>  <a href="https://www.elsevierclinicalskills.co.uk/sampleskills">https://www.elsevierclinicalskills.co.uk/sampleskills</a>	
Royal College Of Nursing - First Steps	Basic Clinical Skills for Adult Nursing	<a href="https://rcni.com/hosted-content/rcn/first-steps/clinical-skills">https://rcni.com/hosted-content/rcn/first-steps/clinical-skills</a>	
Barts Health Education Academy	Example of a Clinical Skills Stuff Up-Skilling Programme Can be adapted to suit	 Clinical Skills Refresher Programme	Winnie George and Team Barts Health Education Academy



**Psychological Support and Staff wellbeing resources and information for all healthcare professionals caring for Patients during this COVID - 19 outbreak**

It is so important for health care professionals to look after their mental wellbeing as well as their physical wellbeing, especially in times of crisis such as COVID – 19. It is normal to feel anxious and worried in uncertain times, however for some these feelings and thoughts may start to interrupt your normal daily life. Please do seek help and talk to someone if you are experiencing this. We have provided some useful resources below, please utilise them to help you manage your anxieties and stresses.

Organisation/ Trust Details	Focus of Resource/ Link	Useful resource / Link	Acknowledgement / Source Reference
St Georges Hospital NHS Foundation Trust	Support and information Slide pack to help staff manage their anxiety related to COVID -19	 Managing anxiety slides re virus genera	Dr Ellie Atkins - Principal Clinical Psychologist
St Georges Hospital NHS Foundation Trust	<b>Leaflet</b> for staff with Information and contact details for support organisations – Dealing with COVID - 19	 staff one page wellbeing and MH inf	Dr Bec Henly and Dr Ellie Atkins Clinical Psychologists
Intensive Care Society	Poster and information of sustaining wellbeing around COVID -19 to support staff	  poster_am_i_ok_a4_Sustaining wellbeing digi (1).pdf COVID19 (1).pdf	
Headspace	<ul style="list-style-type: none"> <li>1000+ hours of mindfulness and sleep content</li> <li>Mini exercises for busy schedules</li> </ul>	<a href="https://work.headspace.com/nhs-clinical/member-enroll">https://work.headspace.com/nhs-clinical/member-enroll</a> <b>NHS staff have access to Headspace for free until Dec 31, 2020</b> <i>Proven to reduce stress in just 10 days</i>	
NHS Employers (part of the NHS Confederation) have also published	Guidance on supporting the physical and mental wellbeing of staff.	<a href="https://www.nhsemployers.org/covid19/health-safety-and-wellbeing">https://www.nhsemployers.org/covid19/health-safety-and-wellbeing</a>	
Intensive Care Society	Resources and links for staff to Manage their stress and wellbeing	<a href="https://www.ics.ac.uk/ICS/Education/Wellbeing/ICS/Wellbeing.aspx?hkey=92348f51-a875-4d87-8ae4-245707878a5c">https://www.ics.ac.uk/ICS/Education/Wellbeing/ICS/Wellbeing.aspx?hkey=92348f51-a875-4d87-8ae4-245707878a5c</a>	

