

# Occupational Therapist

## Overview of the role

AfC 7

Max reimbursable amount over 12 months (with on cost) - £53724

Occupational therapists (OTs) support people of all ages with problems resulting from physical, mental, social, or development difficulties. OTs provide interventions that help people find ways to continue with everyday activities that are important to them. This could involve learning new ways to do things or making changes to their environment to make things easier. As patients' needs are so varied, OTs help GPs to support patients who are frail, with complex needs, live with chronic physical or mental health conditions, manage anxiety or depression, require advice to return or remain in work and need rehabilitation so they can continue with previous occupations (activities of daily living).

## Funding

From April 2020, this role will be reimbursed at 100% of actual salary plus defined on costs, up to the maximum reimbursable amount of £53,724 over 12 months.

## Training/Development

- A BSc degree in occupational therapy is required to work as an occupational therapist in any setting.
- HEE Primary care FCP training must be completed as the minimum threshold for entry to primary care and be supported by appropriate governance and indemnity.
- HEE primary care FCP training can begin 3-5 years after the completion of the postgraduate degree

## Activities Undertaken

- Assess, plan, implement and evaluate treatment plans, with an aim to increase patients' productivity and self-care.
- Work with patients through a shared-decision making approach to plan realistic, outcomes-focused goals.
- Undertake both verbal and non-verbal communication methods to address the needs of patients that have communication difficulties.
- Involve MDT colleagues, physiotherapists, social workers,

## Skills and Competencies

- Identifying and assessing occupational needs
- Analysing and prioritising occupational needs in cooperation with service user
- Facilitating occupational performance and engagement
- Evaluating, reflecting and acting on occupational outcomes

<p>alongside patients, families, teachers, carers, and employers in treatment planning, to aid rehabilitation</p> <ul style="list-style-type: none"> <li>• Where appropriate, support the development of discharge and contingency plans with relevant professionals to arrange ongoing care in residential, care home, hospital and community settings.</li> <li>• Periodically review, evaluate, and change rehabilitation programmes to rebuild life skills and restore confidence.</li> <li>• Where appropriate, advise on home, school, and workplace environmental alterations, such as adjustments for wheelchair access, technological needs, and ergonomic support.</li> <li>• Teach coping strategies and support adaptation to manage long term conditions for physical and mental health.</li> <li>• Advise on specialists and organisations to help with daily activities.</li> </ul>	
<p><b>Supervision</b></p> <p>Awaiting further guidance.</p>	<p><b>Educator Providers</b></p> <p><a href="https://www.thecompleteuniversityguide.co.uk/courses/search/undergraduate/occupational-therapy">https://www.thecompleteuniversityguide.co.uk/courses/search/undergraduate/occupational-therapy</a></p>
<p><b>Job Description</b></p> <p>NHSE/I National have developed JD's and recruitment packs - Awaiting approval via BMA and Gateway process.</p>	<p><b>Case Studies</b></p> <p><a href="https://www.hee.nhs.uk/our-work/primary-care/occupational-therapists-primary-care">https://www.hee.nhs.uk/our-work/primary-care/occupational-therapists-primary-care</a></p>
<p><b>Additional Resources</b></p> <p><a href="https://www.prospects.ac.uk/job-profiles/occupational-therapist">https://www.prospects.ac.uk/job-profiles/occupational-therapist</a></p> <p><a href="https://www.rcot.co.uk/">https://www.rcot.co.uk/</a></p> <p><a href="https://www.hee.nhs.uk/our-work/primary-care/occupational-therapists-primary-care">https://www.hee.nhs.uk/our-work/primary-care/occupational-therapists-primary-care</a></p> <p><a href="https://www.england.nhs.uk/ahp/ahps-in-primary-care-networks/">https://www.england.nhs.uk/ahp/ahps-in-primary-care-networks/</a></p>	