Essential Skills for Deployed Staff

Just-in-time training for those deployed in the COVID response – January/February 2021

12th January 2021

NHS England and NHS Improvement
Overview

What is purpose of this document?
This document summarises COVID response essential skills for non-registered support staff (NRSS). These essential skills have been divided into 8 steps:

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Who are we and how to get in touch?
The London Transformation and Learning Collaborative (LTLC) was formed in July 2020, to support London with the cross-skilling of the London NHS workforce for critical care, through education and training (See here).
Please get in touch if you have any questions ltlc@hee.nhs.uk
Step 1: Create an e-LfH login

- Create an e-learning for Health login
- There are tutorial videos on that here

Tips for using this document

Click on icons to access a direct link to resource...

...but to log your learning via e-LfH, click the hyperlink in the bottom box
Step 2: Know your infection prevention & control

Public Health England

Infection Prevention and Control Quick reference guide

Read this document

Donning PPE

7 minute video

Doffing and Disposal of PPE

5 minute video

Handwashing

1 minute video

Aseptic Non-touch Technique

12 minute video
Step 3: Using equipment for the first time

- Orientation to the ICU bedspace
- Equipment instruction matrix
- Processing a blood gas sample
- Proning

360 interactive images
Use this when using unfamiliar equipment
4 minute video
7 minute video
Step 4: Taking and recording observations

- Richmond Sedation Scale
  - Read this quick reference guide

- Blood pressure
  - 3 minute video

- Respiratory rate
  - 2 minute video

- Pulse (heart rate)
  - 3 minute video

- Temperature
  - 3 minute video

- Fluid Balance
  - Read this 1 page guide
Step 5: Fundamentals of patient hygiene

- Perform a bed bath: 5 minute video
- Washing a patient’s hair: 3 minute video
- Using a shampoo cap: 4 minute video
Step 6: Staff support and wellbeing

- Psychological preparation for pandemic
  - Link to webpage

- Managing your health and wellbeing
  - Link to webpage

- Managing your mental wellbeing
  - Link to webpage

- Signposting to routes for support
  - Link to webpage
Step 7: Passport signoff and more learning

- Document your skills
  - Download this paper skills passport

- Loads more resources
  - Visit the LTLC website

- Fundamentals of care certificate
  - Visit e-LfH HCSW2020 webpage

Only relevant for those interested in pursuing HCSW careers
Step 8: Sign-up for virtual ‘just in time’ tutorial for London staff

Agenda:

1. Day 1 survival skills
2. Critical communication skills
3. Psychological PPE
4. Understanding the NRSS role
5. Peer support
6. Signposting to more education or support

(a) In the body of your sign-up email, please include: First name; Surname; Email address; Current job title; Hospital / Trust being deployed into (if known); Job role being deployed into (if known)

(b) If you are outside London we do not have the capacity to offer the tutorials but would be happy to share content if you are willing to deliver this yourselves.
Please email ltlc@hee.nhs.uk with any questions