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| This is to certify that *XX*, GDC number *xxxxx*, has completed Alcohol and Tobacco brief interventions. | |
| **Aim**: To explain why it is our responsibility as health professionals to provide brief interventions that will identify and promote change in smoking and alcohol use. To outline the evidence of the effectiveness of Very Brief Advice on Smoking (VBA) and Alcohol Brief Advice. | |
| **Total time spent**: *XX minutes (to be completed by learner with reference to the e-LfH certificate)* | |
| **Educational objectives**: | By the end of this session you will be able to:   * List the broad range of health issues that are related to smoking and alcohol use * Recognise why Very Brief Advice on Smoking and Alcohol screening and Brief Advice are recommended as usual practice in secondary care * Recall what Very Brief Advice (VBA) on Smoking is and what is required for each of the three elements (ASK, ADVISE, ACT) * Offer tailored brief advice on alcohol to your patients, based on their level of alcohol consumption * Use a patient centred approach to talk to your patients about smoking and alcohol consumption, and support them with their behaviour change |
| **Learning content:** | Alcohol misuse and smoking are among the most significant risk factors contributing to ill health. We know that interventions by those of us working in healthcare on smoking and alcohol use are effective. They save the NHS money, and most importantly, they make our patients’ lives better, and healthier. |
| **Development Outcomes:** | This course meets the criteria for the GDC’s development outcome *(to be completed by learner with reference to GDC documentation).* |
| **Provider validation**: | Health Education England confirm that the information provided on this certificate is full accurate. |
| **Quality assurance**: | This CPD is subject to quality assurance by Andrew Dickenson, Regional Postgraduate Dental Dean, Midlands and East. |