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| This is to certify that *XX*, GDC number *xxxxx*, has completed Making Every Contact Count training. | |
| **Aim**: Over the course of this training you will learn about the background and underpinning principles that are core to Making Every Contact Count (MECC):   * Public health is everyone's business * Actions support the care, protection and wellbeing of individuals   The session is suitable for all health professionals. | |
| **Total time spent**: *XX minutes (to be completed by learner with reference to the e-LfH certificate)* | |
| **Educational objectives**: | By the end of this session you will be able to:   * Recognise why public health is everyone's business * State the history and background to Making Every Contact Count * Identify how our own actions can support the care, protection and wellbeing of individuals |
| **Learning content:** | This training puts Making Every Contact Count (MECC) into context and:   * introduces the idea that opportunistic, very brief interventions and signposting to resources are at the core to MECC * covers how to start a healthy conversation with someone. This will include recognising appropriate contact opportunities with people to explore how to support them to make informed choices about their health and lifestyle * introduces you to key lifestyle messages recognising that public health is everyone's business. * illustrates how information sharing and signposting to others is an integral part of Making Every Contact Count; and that there are experts and professionals available for people to be signposted to for further discussions around health and lifestyle factors. |
| **Development Outcomes:** | This course meets the criteria for the GDC’s development outcome *(to be completed by learner with reference to GDC documentation).* |
| **Provider validation**: | Health Education England confirm that the information provided on this certificate is full accurate. |
| **Quality assurance**: | This CPD is subject to quality assurance by Andrew Dickenson, Regional Postgraduate Dental Dean, Midlands and East. |