

Essential Skills for Workforce Readiness

Non-registered support staff

London Transformation & Learning Collaborative (LTLC)

December 2021

Adult Critical Care



Overview

What is purpose of this document?

This document signposts to resources, hosted on the LTLC Critical Care programme, to support the development of COVID response essential skills for non-registered support staff (NRSS).

The essential skills in this document have been divided into 5 categories:

1. Know your infection prevention & control
2. Using equipment for the first time
3. Taking and recording observations
4. Fundamentals of patient hygiene
5. Staff support and wellbeing

Who are we and how to get in touch?

The London Transformation and Learning Collaborative (LTLC) was formed in July 2020, to support London with the cross-skilling of the London NHS workforce for critical care, through education and training.

Please get in touch if you have any questions ltlc@hee.nhs.uk



How to access resources and digital skills passport

Accessing programme resources

Register for a free e-LfH account

The LTLC Critical Care programme houses free, open access resources. In order to access the programme and its resources, you will need an elfh account.

If you do not have one, you can [register here](#)

If you are a HR, IT or Practice Manager and would like to register and enrol large numbers of staff within your organisation for access onto the London Transformation and Learning Collaborative (LTLC) programme, please contact [elfh](#) directly

Enrol onto the LTLC Adult Critical Care programme

Once registered and logged in, you can [enrol here](#) to access the programme and its resources

tinyurl.com/ltlc2020



Access more learning

| | |
|---|---|
|  <div data-bbox="155 582 522 896"> <p>Loads more resources</p> </div> <div data-bbox="155 946 522 1260"> <p><u>Visit the LTLC website</u></p> </div> |  <div data-bbox="647 582 1014 896"> <p>Fundamentals of care certificate</p> </div> <div data-bbox="647 946 1014 1260"> <p><u>Visit e-LfH HCSW2020 webpage</u></p> </div> |
|---|---|

Only relevant for those interested in pursuing HCSW careers

Access Digital Skills Passport

The Digital Skills Passports summarise the role essential skills required for a non-registered support staff (NRSS) and registered support clinician (RSC) to function in an intensive care unit (ICU) surge model of care, during the COVID-19 pandemic.



Find out more
Watch this 23-second
intro video



Document
your skills

[Link to Digital
Skills Passport](#)

Essential skills resources

1. Know your infection prevention & control



Infection
Prevention and
Control Quick
reference guide

Read this
quick
reference
guide



Donning PPE

Watch this
7-min video



Doffing and
Disposal of
PPE

Watch this
5-min video



Handwashing

Watch this
1-min video

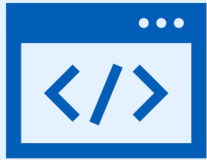


Aseptic Non-
touch
Technique

Watch this
12-min video

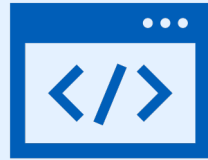


2. Using equipment for the first time



Orientation
to the ICU
bedspace

[Link to 360
interactive
images](#)



Searchable
directory of
equipment
support
resources

[Use this
when using
unfamiliar
equipment](#)



Processing
a blood gas
sample

[Watch this
4-min video](#)



Proning

[Watch this
7-min video](#)



3. Taking and recording observations



Richmond
Sedation
Scale

Read this
quick
reference
guide



Blood
pressure

Watch this
3-min video



Respiratory
rate

Watch this
2-min video



Pulse
(heart rate)

Watch this
3-min video



Temperature

Watch this
3-min video



Fluid
Balance

Read this 1
page guide



4. Fundamentals of patient hygiene



Perform a
bed bath

Watch this
5-min video



Washing a
patient's hair

Watch this
3-min video



Using a
shampoo
cap

Watch this
4-min video

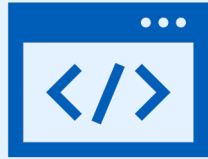


5. Staff support and wellbeing



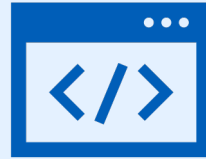
Psychological
preparation for
pandemic

[Watch this
6-min video](#)



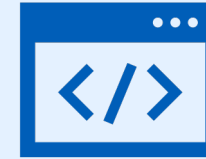
Managing your
health and
wellbeing

[Link to
webpage](#)



Managing your
mental
wellbeing

[Link to
webpage](#)



Signposting to
routes for
support

[Link to
webpage](#)



For any comments, feedback or
questions, please email
ltlc@hee.nhs.uk