



National Volunteer Certificate Standards

Standard 6 – Health & Safety

[e-LfH sessions](#) - [Health and Safety for Volunteers](#), [Fire Safety for Volunteers](#)

	The Volunteer knows and understands:	The volunteer is able to:
6.1 Health and safety	<ul style="list-style-type: none"> a) The main points of the health and safety policies and legislation relating to their own role b) Key tasks relating to health and safety that should not be carried out without special training c) How to access additional support and information regarding health and safety d) Why it is important to assess the health and safety risks posed by settings, situations or activities e) How and when to report health and safety risks and issues that they have identified f) How to seek support in the event of an emergency g) The measures that should be taken to maintain their own safety whilst volunteering 	<ul style="list-style-type: none"> a) Recognize common hazards
6.2 Infection prevention	<ul style="list-style-type: none"> a) How to prevent and control the spread of infection b) What to do if they are ill themselves c) Common viruses and how they are spread in a service setting d) The importance of hand hygiene including methods, washing frequency and hand sanitization e) Bare below elbows policy in health and care settings f) Ways to keep safe in the settings which they volunteer. This could include acknowledging signage, protective isolation, or the use of personal protective equipment g) What to do if they are ill themselves h) When and who to ask for advice and guidance 	<ul style="list-style-type: none"> a) Avoid spreading infection b) Practice effective hand hygiene
6.3 Hazardous substances	<ul style="list-style-type: none"> a) A range of hazardous substances, including cleaning products, which may be used in the setting in which they volunteer 	<ul style="list-style-type: none"> a) Recognise hazardous substances



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	<ul style="list-style-type: none">b) Safe practices for storing, using and disposing of hazardous substances in the setting in which they are volunteer	
6.4 Fire	<ul style="list-style-type: none">a) The characteristics of fire, smoke and toxic fumesb) The main fire hazards in the volunteer's environmentc) Basic fire safety and fire safety protocolsd) What actions they should take as a volunteer in the event of a fire	<ul style="list-style-type: none">a) Prevent fires from starting and spreadingb) Practice and promote fire prevention
6.5 Incidents	<ul style="list-style-type: none">a) How to recognise adverse events, incidents, errors and near missesb) What they must and must not do in relation to adverse events, incidents, errors and near missesc) The organisation's key policies in relation to reporting any adverse events, incidents, errors and near misses	<ul style="list-style-type: none">a) Identify and report concerns; not to take action or investigate further