

## An introduction: For senior leadership teams

Introducing a toolkit for higher education institutions, provider trusts and other organisations to support a practical approach to implementing the All Our Health resources and tools on critical public health issues.

Estimated reading time: 10 minutes



# About the toolkit

Imagine the impact of over two million people working together across the health and care system to support more people live longer, healthier lives; applying the knowledge and confidence gained from using All Our Health resources and tools, into public health action.

This toolkit has been developed to help you to implement the All Our Health programme of evidence-based, bite-sized learning on critical public health issues in your curricula or Continuing Professional Development (CPD) offer.

In this way, we aim to add to the increasing social movement, promoting public health interventions across the public health system.

# What's included in the toolkit?

The following resources are included in the All Our Health implementation toolkit:

- **an introduction slide set for senior leadership teams**
- a guidance and support slide set for implementation leads
- an overview slide set for learners
- implementation case studies
- testimonials
- a list of key contacts (national and local)



# Introduction



- Improving the public's health is everyone's business and cannot be delivered by any one institution, sector, or specialist; we all have a role to play.
- The [Care Act](#) (2014) and the [NHS Long Term Plan](#) (2019) identify increased action on preventative approaches and those which promote independence and wellbeing; and reduce health inequalities.
- The [NHS Long Term Workforce Plan](#) (2023) makes a commitment to ensure that the workforce has the right skills and knowledge to shift care towards prevention and early intervention and reducing health inequalities. The All Our Health programme is identified as a key resource to support delivery of this workforce ambition.
- The shift in focus towards enhancing public health and population health approaches needs system-wide leadership in supporting the development of the health and care workforce.
- All Our Health provides trusted evidence and guidance to maximise the public health impact of all health and care professionals.



# What is All Our Health?

- The All Our Health programme is a call to action, supporting public health practice through:
  - bite-sized learning on critical public health topics to enhance knowledge, confidence and action at individual, community and population level
  - key evidence and data into practice to stimulate change
  - signposting to other trusted sources of information
- Based on insights and research on key barriers to adopting public and population health approaches across the workforce.
- Complements the [Making Every Contact Count \(MECC\)](#) approach to improving health and wellbeing by providing a broader view of public health that goes beyond individual level interventions.

# All Our Health topics

## Health Improvement

- Adult obesity
- Adult oral health
- Alcohol
- Childhood obesity
- Child oral health
- Healthy eating
- Misuse of illicit drugs and medicines
- Physical activity
- Population screening
- Sexual and reproductive health and HIV
- Smoking and tobacco

## Health Protection

- Air pollution
- Antimicrobial resistance
- Immunisation

## Healthcare Public Health

- Cardiovascular disease prevention
- Liver disease
- NHS health checks
- Pressure ulcers
- Respiratory disease

## Life Course

- Best start in life
- Early adolescence
- Healthy ageing

## Place-based Services of Care

- Community-centred practice
- Social prescribing

## Supporting Health, Wellbeing and Independence

- Dementia
- Falls and fractures
- Musculoskeletal health

## Wider Determinants of Health

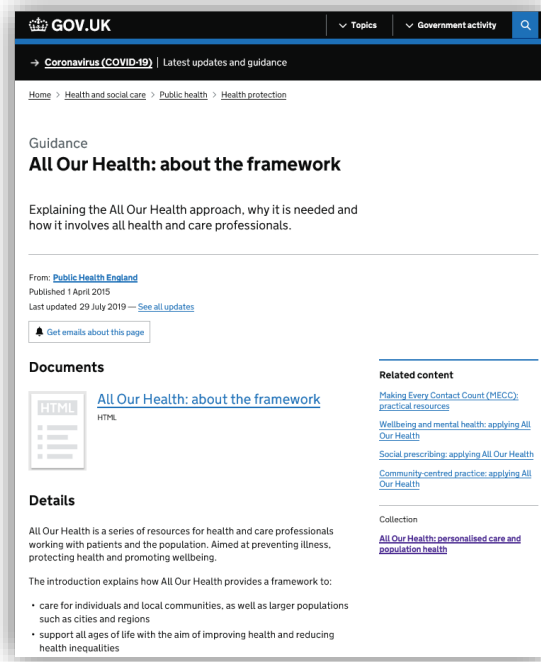
- Climate change
- County lines exploitation
- Financial wellbeing
- Health disparities and health inequalities
- Homelessness
- Inclusion health
- Learning disability
- Speech, language and communication
- Vulnerabilities and trauma informed practice
- Workplace health
- Wellbeing and mental health

**Note: New topics are added intermittently. Please refer to All Our Health webpages for latest updates.**

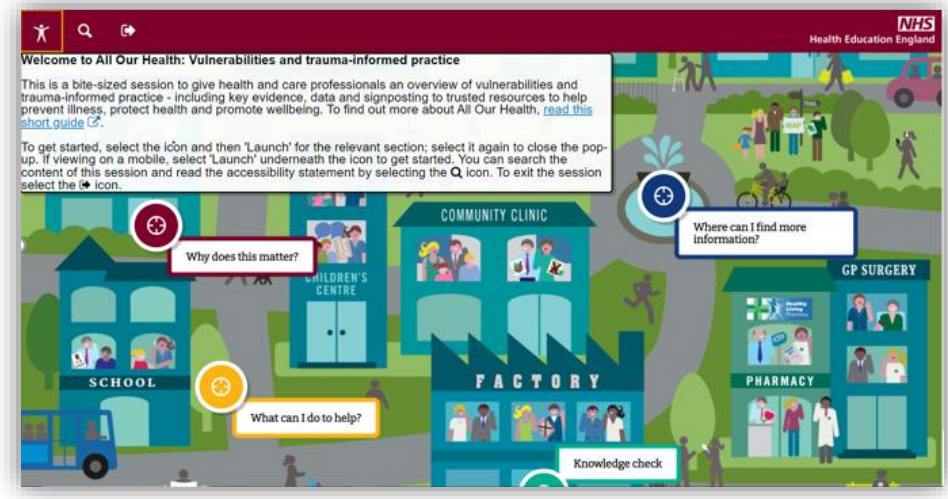
# Accessing All Our Health resources

All Our Health resources and tools are available on two discrete platforms:

[Gov.uk collection page](#) provides flat content of All Our Health material.



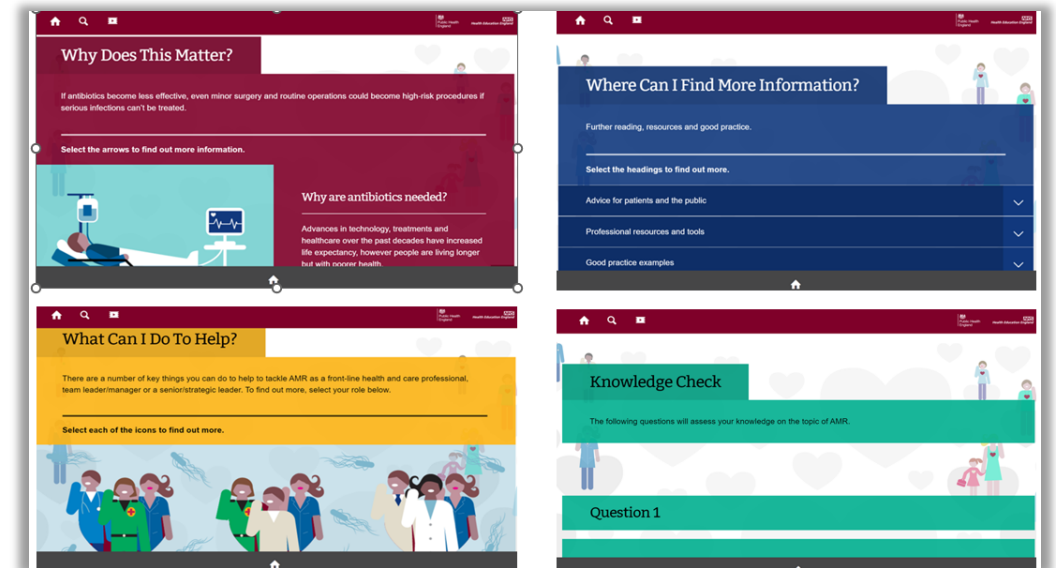
[e-Learning for Health webpage](#) and [hub](#) provides more engaging and interactive content and is linked to CPD.



# All Our Health format

Each All Our Health topic or e-learning module takes on the following format:

- Why does this matter?
- What can I do to help?
- Where can I find more information?
- Knowledge check (e-learning only)





# All Our Health interactive townscape maps

- There are currently five [interactive townscape maps](#).
- Each townscape allows you to explore how you can take a place-based approach to addressing critical public health issues by clicking on different locations in the image.



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# How to implement All Our Health



Eight suggested steps to implementing All Our Health. You may well have your own strategies for meeting your students or workforce needs.

1. As senior leaders, you are encouraged to explore the All Our Health platforms and review supporting resources and tools which are relevant to your practice.
2. Identify a lead for implementing All Our Health within your team or organisation and consider possible governance or reporting for the programme.
3. Review existing approaches and resources for upskilling learners on critical public health issues.
4. Explore how All Our Health content can be incorporated in or complement your existing curricula and/or CPD offer.
5. Develop a realistic plan with achievable goals and measurable outputs for implementing All Our Health.
6. Explore opportunities for collaboration with parts of your Integrated Care System (ICS) or wider public health system.
7. Identify professional and peer champions to promote All Our Health.
8. Share your successes to encourage greater participation and implementation of All Our Health.

# Next steps?



Make a commitment to:

- search the All Our Health resources and tools
- share the links across your networks
- identify a lead to explore opportunities for implementation

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