

An introduction: For senior leadership teams

Introducing a toolkit for higher education institutions, provider trusts and other organisations to support a practical approach to implementing the All Our Health resources and tools on critical public health issues.

Estimated reading time: 10 minutes



About the toolkit

Imagine the impact of over three million people working together across the health and care system to support the shift from sickness to prevention; applying the knowledge and confidence gained from using All Our Health resources and tools, into public health action.

This toolkit has been developed to help you to implement the All Our Health programme of evidence-based, bite-sized learning on critical public health issues in your curricula or Continuing Professional Development (CPD) offer.

In this way, we aim to add to the increasing social movement, promoting public health interventions across the public health system.

What's included in the toolkit?

The following resources are included in the All Our Health implementation toolkit:

- **an introduction slide set for senior leadership teams**
- a guidance and support slide set for implementation leads
- an overview slide set for learners
- implementation case studies
- testimonials
- a list of key contacts (national and local)



Introduction



- Improving the public's health and preventative health care is everyone's business and cannot be delivered by any one institution, sector, or specialist; we all have a role to play.
- Building on Lord Darzi's [Independent Investigation of the NHS in England](#) (2024), the [10-Year Health Plan for the NHS](#) (2025) prioritises three key shifts to building a health service fit for the future: a change from **treating sickness to prevention**, analogue to digital technologies and hospital to community care.
- The role of prevention in social care, as mandated by the [Care Act](#) (2014), is to help people maintain independence and well-being by intervening early to prevent or delay the development of care and support needs.
- The [independent commission into adult social care](#) by Baroness Casey (2025) aims to increase the productivity and focus on prevention, while providing individuals who use care services, as well as their families and carers, with greater involvement in the system.
- The change in focus towards enhancing public health and prevention needs system-wide leadership in supporting the development of the health and care workforce.
- All Our Health provides trusted evidence and guidance to maximise the public health impact of over 3 million people who work in the health and care sector in England.

What is All Our Health?



- The All Our Health programme is a call to action, supporting public health practice through:
 - bite-sized learning on critical public health topics to enhance knowledge, confidence and action at individual, community and population level
 - key evidence and data into practice to stimulate change
 - signposting to other trusted sources of information
- Based on insights and research on key barriers to adopting public and population health approaches across the workforce.
- Complements the [Making Every Contact Count \(MECC\)](#) approach to improving health and wellbeing by providing a broader view of public health that goes beyond individual level interventions.
- Supports the Government's three shifts from **treating sickness to prevention**, analogue to digital technologies and hospital to community care.

All Our Health topics

Health Improvement

- Adult obesity
- Adult oral health
- Alcohol
- Childhood obesity
- Child oral health
- Healthy eating
- Misuse of illicit drugs and medicines
- Physical activity
- Population screening
- Sexual and reproductive health and HIV
- Smoking and tobacco

Health Protection

- Air pollution
- Antimicrobial resistance
- Immunisation

Healthcare Public Health

- Cardiovascular disease prevention
- Liver disease
- NHS health checks
- Pressure ulcers
- Respiratory disease

Life Course

- Best start in life
- Healthy ageing

Place-based Services of Care

- Community-centred practice
- Social prescribing

Supporting Health, Wellbeing and Independence

- Dementia
- Falls and fractures
- Musculoskeletal health

Wider Determinants of Health

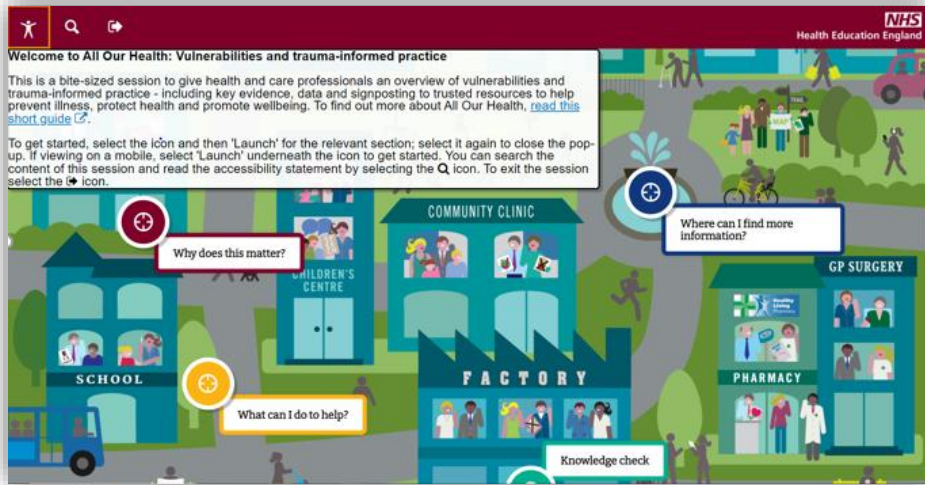
- Climate change
- Financial wellbeing
- Health inequalities
- Homelessness
- Inclusion health
- Learning disability
- Speech, language and communication
- Vulnerabilities and trauma informed practice
- Workplace health
- Wellbeing and mental health

Note: New topics are added intermittently. Please refer to All Our Health webpages for latest updates.

Accessing All Our Health resources

All Our Health resources and tools can be found here:

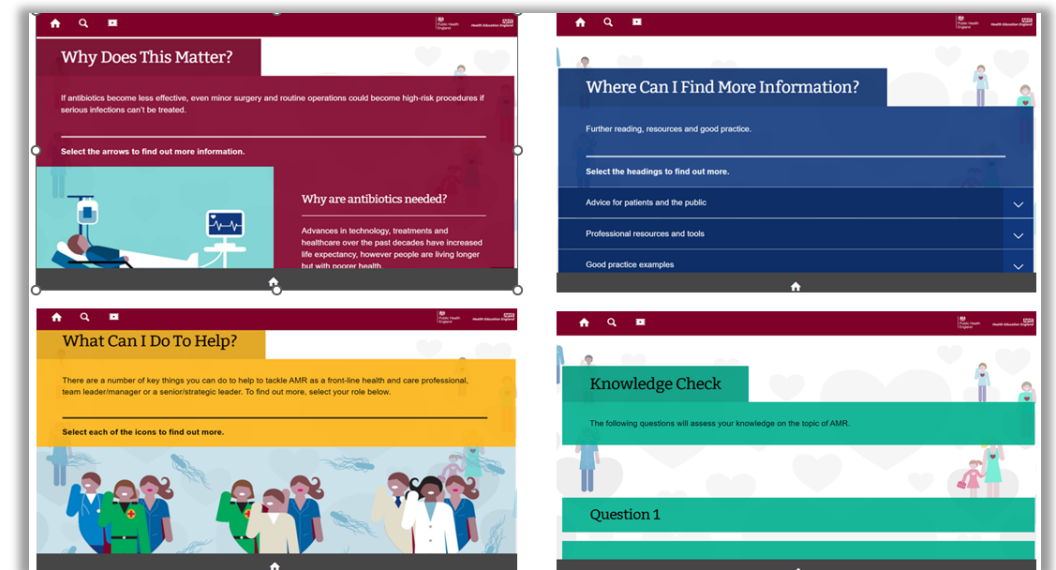
- [e-Learning for Health webpage](#) and [hub](#) provides engaging, interactive content and is linked to CPD.



All Our Health format

Each All Our Health topic or e-learning module takes on the following format:

- Why does this matter?
- What can I do to help?
- Where can I find more information?
- Knowledge check (e-learning only)



All Our Health interactive townscape map

- The townscape map allows you to explore how you can take a place-based approach to addressing critical public health issues by clicking on different locations in the image.
- It aims to provide an example of the importance of some public health topics to specific settings within a place and the need to work collaboratively to improve health and reduce health inequalities.



How to implement All Our Health



Eight suggested steps to implementing All Our Health. You may well have your own strategies for meeting your students or workforce needs.

1. As senior leaders, you are encouraged to explore the All Our Health platforms and review supporting resources and tools which are relevant to your practice.
2. Identify a lead for implementing All Our Health within your team or organisation and consider possible governance or reporting for the programme.
3. Review existing approaches and resources for upskilling learners on critical public health issues.
4. Explore how All Our Health content can be incorporated in or complement your existing curricula and/or CPD offer.
5. Develop a realistic plan with achievable goals and measurable outputs for implementing All Our Health.
6. Explore opportunities for collaboration with parts of your Integrated Care System (ICS) or wider public health system.
7. Identify professional and peer champions to promote All Our Health.
8. Share your successes to encourage greater participation and implementation of All Our Health.

Next steps?



Make a commitment to:

- search the All Our Health resources and tools
- share the links across your networks
- identify a lead to explore opportunities for implementation

Imagine the impact of over three million people working together across the health and social care system to support more people live longer, healthier lives; applying the knowledge and confidence gained from using All Our Health resources and tools, into public health action.

The University of Hull was commissioned and funded to develop this resource by the Office for Health Improvement and Disparities (OHID). We thank the various stakeholders who worked with the University of Hull and OHID in the co-production of this toolkit.